

Helen Glover MBE

As double Olympic Champion, three-times World Champion, twice European Champion and multiple World Cup gold-medal winner, Helen Glover is one of the most decorated athletes in the GB Rowing Team.

Not only that, she's fast gaining a reputation as one of the world's great all-round athletes, having excelled in every sport she has turned her hand to since a young age.

In 2017 she managed the feat of winning the 125mile Devizes to Westminster ultra-endurance kayak race in a time of 22hours and 48minutes, before running her first marathon in 3 hours 5 minutes, 6 days after. Later in the year Helen entered her first half Ironman, finishing 10th female, 2nd in age and 3rd non pro-athlete over the line. In doing so she qualified for the World Championships this year, in Cape Town.

Since the birth of her first child Logan in 2018, Helen has continued to pursue her passions including wildlife, and helping to improve the environment. She is becoming a well known face commentating on the BBC with Claire Balding at The Boat Race, and at The Henley Regatta.

